

Student Guide to Remote Learning

Objectives

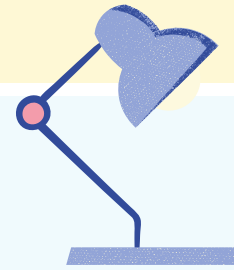
- Engage with learning to ensure learning, progress and achievement
- Participate in a structured learning environment on a daily basis, supporting routines and both short-term and long-term wellbeing
- Ask questions and learn new ways in which to support your learning.
- Continue to develop your ability to manage your behaviours, emotions and time.

Use this 'self management' rubric

Workspace

Choose somewhere that's reasonably free from interruptions, well lit and comfortable for extended periods of time.

Set up a table, chair and don't use your bed as a place to study



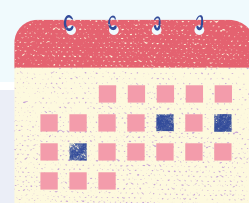
Focus

Hide your phone. Close your tabs. – Its easy to get distracted so if you dont need them open, close 'em.

Use apps or extensions that help you stay focused.

StayFocused is a Chrome extension that allows you to block access to any and all websites that you have trouble ignoring.

You can also set time limits to specific sites like Pinterest or Reddit or Twitter. Productivity will soar with the smart use of tools like this.



Timetable

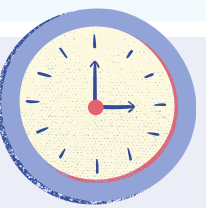
All 'lessons' will generally be 45 minutes in length, followed by a 15 minute break.

	Day 1	Day 2
9:00 – 9:45	Line 1	Line 4
10:00 – 10:45	Line 2	Line 5
11:00 – 11:45	Line 3	Line 6
12:00 – 12:30	Physical Activity/Ako Time/Assembly	
12:30 – 1:00	Lunch	
1:00 – 3:00	Independent Learning/ Learning Activities/ Support/ Tutorials/ Careers	

Senior students are expected to work independently for approx 2 hour/day or longer in times of assessment. Junior students are expected to work independently for approx 1 hour/day.



All communication will be through school digital channels: Google Classroom, Hangout/Meet, gmail.



Be Organised

Ensure you know where to access your Google Meet (links available either through Classroom or Calendar)

Watch any screencasts or videos, as necessary to support learning.

Complete all assignments as provided and expected by the teacher.

Wellbeing

Think positively. What you say to yourself has an impact, so give yourself positive messages and praise.



Look after yourself and make time to get outside, take a walk, do something fun.

Stay Connected

Distance does not prohibit collaboration. Stay connected with your class and classmates.

Create online study groups to stay connected and to support learning, progress and achievement



Feedback and Support

Expect to receive regular feedback through modified LE reports and informally through class.

Make sure you have access to the Portal.

Actively seek support from your Kaiārahi, Dean or Teachers.