



# Wakatipu HIGH SCHOOL Newsletter



Edition

Issue 3.7 • 6 September 2019

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## Notices

Please [click here](#) to view  
Wakatipu High School's  
Student Notice Board.

## Facebook Page

Please see our [Facebook page](#)  
for all the latest updates from  
Wakatipu High School, and  
take a look at our [sports page](#)  
for news on football, rugby,  
snow sports and more.  
Recent posts include Southland  
Basketball Competition Finals,  
and Pride Week .



## Principal's Message

Kia ora and welcome to the Wakatipu High School newsletter at the end of another busy week at WHS.

Firstly from me, it is good to be back at WHS. My sabbatical was wonderful, it was great to be able to have the opportunity to learn, reflect and refresh. I feel very grateful for the opportunity and I do want to express my very sincere thanks to everyone who supported my sabbatical, including the Board of Trustees, and to those who stepped up while I was away, particularly including the Senior Leadership Team. My very special thanks go to Mr Nathan who has done an excellent job as Acting Principal while I was away.

Following on from last week we had a speaker for Pride Assemblies to start the week. TV3 broadcaster, Aziz Al-Sa'afin, had a great story and message for our students and staff. One of WHS's values is inclusion and it has been great to focus on making WHS a place where all of our students and staff feel included, accepted and safe.

This week has been Winter Tournament week with 90 students participating in a range of sports across the country. There have been some great performances - be sure to see the Sports Reports below, with a big wrap-up to come next week.

A very significant event this week has been the awarding of the ODT Class Act awards to our top all-round students, Archie Ritchie and Thomas Hartono. Their awards were presented by the Prime Minister, Jacinda Adern in Dunedin yesterday. See below for more, and congratulations to Archie and Thomas.

As you will be aware, there is more on measles in Queenstown this week - please see below for the latest.

Senior Next Steps is on Thursday next week. This means that school will finish and buses will run from 1.50pm for all students. Please see below for details on how to book appointments with teachers if you have not done so already.

One of the many pleasures of returning this week was dining at the Year 12 Hospitality lunch on Tuesday. It was great to see the students performing in a 'real' situation, and the food was delicious! See below for an article and pictures.

A sad event this week was the funeral of ex-WHS student, Philippa Greig - who I taught when I was a teacher at WHS back in the 1990s. It was a large community funeral, and our condolences go to family and friends.

I had a good walk around the school this morning and, while it was rather quiet with the Year 9s up skiing, it was great to see the school in teaching and learning mode. My sabbatical gave me the chance to interact with other educators from around the world and it made me realise just how fortunate we are at WHS - both in terms of being in the NZ education system as well as being at WHS itself. Walking around this morning reminded me of this and just how fortunate our students are to receive the education and holistic opportunities they do at WHS and in our community and environment.

There is a full newsletter below with lots going on. Only three weeks to go in the term now - an important time for teaching and learning, and for assessment for seniors, please make sure your students are focused and doing their best until the very end. A rather mixed spring weekend with cool temps and the odd shower possible on Sunday, but plenty of sunshine and the chance to make a few turns up the hill - enjoy :)

**Steve Hall, Principal**

## Senior Next Steps

Senior Next Steps is on Thursday 12 September. These parent-student-subject teacher meetings are very important for students’ learning, progress and achievement, and are carefully timed to follow students receiving their Exam Reports, as above.

We strongly encourage all senior students to attend this evening, and please note that if you did receive a letter expressing concerns at the end of last term we would particularly like to see you there.

School will finish at 1.50pm and buses will also run from this time for all students. Next Steps will run from 2.30pm - 6.30pm.

To book your interviews please click [here](#) and enter the event code 68s43.

## Class Act Awards

Archie Ritchie and Thomas Hartono are the 2019 Class Act Award recipients for Wakatipu High School.

The Otago Daily Times Class Act identifies and celebrates the excellence of young people in our province. This year’s award recipients will receive an automatic entitlement to a University of Otago scholarship for 2020, worth at least \$6000 each.

Yesterday afternoon, at a special awards ceremony in the Dunedin Public Art Gallery, the best and brightest pupils from across the south were individually presented with Class Act 2019 certificates by the Prime Minister, Jacinda Ardern. We are very proud of the achievements of both Archie and Thomas. Congratulations to them both.

Please click [here](#) to read about Archie and Thomas.



## Measles

We have received the following advice from Southern District Health Board:

There are multiple reported cases of measles in Queenstown. Measles is a serious and highly infectious viral disease. Measles can make children and adults very sick and can cause complications in many people, some of which are severe and lifelong. People with measles can be infectious even before they start feeling unwell. While almost all people will make a complete recovery, it can lead to hospitalisation and in rare cases, death. Symptoms of measles are;

### Initial Symptoms:

- A fever
- A cough
- A runny nose
- Sore and watery ‘pink’ eyes
- Sometimes small white spots on the back inner cheek of your mouth

### Day 3-7 Symptoms:

- A blotchy rash which tends to start on your face, behind the ears, before moving over your head and down your body. The rash lasts for up to a week.

If you think that you or a family member has symptoms of measles, it is important you ring your general practice or call Healthline on 0800 611 116, for advice as soon as possible.

**A person with measles is infectious from 5 days before and until 5 days after the rash appears (about 10 days in total). During this time the infected person needs to stay away from other people; children need to be kept home from school and adults from work, do not invite other children or visitors to your house.**

Please check your child's and your own immunisation status. The measles vaccine is **FREE** for anyone born after 1 January 1969.

Further information is available on the [Ministry of Health Website](#).

## Kate Moetaua Foundation Financial Scholarship

Congratulations to Grace Hastie, Olive Watherston, Sophie Thompson, Hera Winders, Helena Hornbacher, Marco Hartono, Nieve Collin and Hayato Yoneto, who were awarded with a financial scholarship from the Kate Moetaua Foundation to support their endeavours in Sports, Arts and Culture.



From left to right: Teakura Moetaua, Aya Moetaua, Grace Hastie, Olive Watherston, Sophie Thompson, Hera Winders, Helena Hornbacher, Malia Moetaua, Jennifer Belmont.

## National Schools Poetry Award

Year 12 student Claudia Snow has been awarded Runner Up in the National Schools Poetry Award, an annual award facilitated by Victoria University. She was selected as one of ten finalists from over 180 entrants. The competition has been running since 2003 and represents one of the most prestigious literary achievements for secondary students in New Zealand.

Claudia’s poem ‘Our Gardener Ali’ was awarded Runner Up and this year’s judge, Chris Tse, has this to say: *“The power of poetry as an observational medium is used to great effect in ‘Our Gardener Ali’ by Claudia Snow. Whether the titular Ali is a real person is not clear, but this poetic portrait was written so vividly that I didn’t want to question it...The care with which Claudia has described Ali and his world conveys empathy without resorting to pity, which can be a difficult thing to achieve in poetry.”*

Read Claudia’s stunning poem [here](#).

Ruby Mills, English teacher

## Careers Updates

### Year 13 Students University Scholarships

A reminder that there are still some University Scholarships for 2020 that have not yet closed off. For more details, visit the [MoneyHub Scholarship website](#).

### Year 13 Applying for University Accommodation

Another reminder that applications for the first round of offers for university accommodation for 2020 need to be completed by 15 September. Please call by the Careers Hub if you would like assistance with this.

### Year 13 Course Planning Support for University Enrolments

- Key dates:
- Canterbury University – Thursday 19 September, starts 9 am;
  - Victoria University – Friday 20 September, starts 9 am;
  - Massey University – Thursday 26 September, starts 11.45 am.

Come to the Careers Hub on the day.

### Leaving School Magazine

Click [here](#) to find interesting information that will help you as you prepare for life after school, whether you go on to further study, start an apprenticeship or join the workforce.

Melanie Holland, Careers Advisor



Last Friday’s opening marked the beginning of the exhibition which runs for two weeks (closing Friday, 13 September). It was a successful evening in terms of both audience turn out and response from the judges, Tim Buckley from Fluid Design and Scott Conway from Feast Design.

Both judges were extremely impressed with the creative exploration and wide range of styles students have brought into their design work.

There were three category prizes to be won:

- Overall best work of the exhibition, which was won by **Molly Richards**
- Most commercially successful design, won by **Grace Kennedy**
- Most imaginative and creatively exporative, won by **Carly Wattam**



A big thankyou goes out to Marc Blake who offered us the space to exhibit the work in, and also to Rachel’s Kitchen for providing a wonderful selection of nibbles.

We would also like to acknowledge and say a big thankyou to Tim Buckley and Scott Conway, the judges, for giving their time and sharing their expertise with us.

I urge you all to go along and view this wonderful exhibition, and also to show support for the new public art space Marc Blake is focussed on getting up and running for our community.

**Where is it?** At the Five Mile Shopping Centre, at the end of the block of buildings with ANZ / Flex Fitness etc, Queenstown Contemporary Art sits at the end of this block (36 Grant Road, Frankton).

**Leslie Koehn, Assistant HoLA**

**French International Diploma (DELF)**

A dozen Wakatipu High School students attended the DELF last Saturday to gain via this French Language Diploma an international recognition of their competencies in understanding and being understood in this language.

For the first hour and half students listened, read and wrote in French, then they went through a half hour long oral exam where they conversed and presented their opinions on a range of meaningful topics.

This diploma provides students with a quality French-level certification which is useful to carry out specific personal, academic or professional projects.

Since 2017 Wakatipu High School is a formally recognised DELF assessment centre.



**Guillaume Charton, HoLA Languages**



Daffodil Day

The annual Daffodil Day, to support people facing cancer, was held last Friday. Our students volunteered at Queenstown Airport to collect donations to support Cancer Society.

On the same day, WHS raised \$670.80 through a Mufti Day. Thank you to everyone who has supported this very important cause.



Year 12 Hospitality Cafe



As part of the Year 12 Hospitality course, the students have been running a sit-down cafe lunch over the last three weeks. As part of their internal assessment, they were marked on their ability to interact with various customers through providing table service in addition to preparing and presenting food and drinks.



This is their last internal for Level 2 ServiceIQ. Hospitality and tourism are among the fastest growing industries in the world. The students have had the opportunity to build on communication skills, organisation, teamwork and leadership which are all significant attributes for future careers in the industry. It has been an enjoyable and worthwhile learning experience for the students and they should all be proud of their efforts.



Our thanks goes out to staff and students who were able to join us over these last few weeks. It’s been lots of fun!

Alex Geue, Technology Teacher

## Parents/Students Information Evening - Noumea 2020

Students who are taking Senior French in 2020 are welcome to attend the first parents/students information evening this Monday 9 September from 5 until 6pm at school.

Programme, dates and costs will be talked about.

**Guillaume Charton, HoLA Languages**

### Job Vacancy: Attendance and Uniform Officer

Permanent, Part Time, term-time only role. Seven hours per day from 8.30am - 4.00pm.

This key role in the support staff team is to carry out student attendance information-related data entry, management and reporting using the school's paper-based and electronic student management systems.

You will oversee Uniform Shop operations including stock control and liaison with vendors.

There will also be a general administration element to the position, including reception cover and other office duties. For more information please [click here](#).

Please email your CV and cover letter to [apply@wakatipu.school.nz](mailto:apply@wakatipu.school.nz) by 12:00pm Tuesday 10 September 2019.

**Claire Colebatch, Senior Leadership Team Assistant**

## New Zealand Secondary Schools Climbing Competition

At the start of the week Azaria Briscoe and Lucy Sinclair scaled great heights on the Rocktopia climbing walls in Mount Maunganui. Their performance was outstanding in their (and for the school too) first ever national climbing competition. The girls competed against school students around the country in three different series: route climbing, bouldering and speed climbing. They showed resilience and excellence throughout the two day long competition.



A massive congratulations to Lucy who finished 4th place overall and Azaria who made it to 5th place in the semis. The two girls have also been recently selected to be part of the Climbing Youth Development program. Thank you to Janet Briscoe for her time and commitment as a team manager and to the Queenstown Climbing Club for their help.



## Head Student Update

Kia Ora

Hope everyone has had a wonderful week. It has been a particularly busy week for students at Wakatipu High School this week, with both Winter pride and Winter tournament week. On top of this Mr Hall has returned from his hard earned break, after 10 weeks off, with Mr Nathan stepping for the duration of his absence. From the students, thankyou Mr Nathan for your mahi over the past 10 weeks and a warm welcome back Mr Hall.

The first day of winter pride week was on Friday last week, where we all pulled out bright colours to wear, which happened to coincide with Daffodil day. All the proceeds went to the cancer foundation. A 'pride photo', where students formed into a heart shape to display support for the rainbow community was taken in the last break on Friday.

On Monday Aziz, a broadcaster from 'the AM Show Weekdays' spoke to students about the importance of kindness, acceptance and pride. I am sure that the advice and themes he touched on resonated with everyone in one way or another. The Whanaungatanga Council have done an amazing job organising Aziz's visit, as well as a range of other events relating to Pride Week. They are also running a stall at Pride in the Park this evening, where they will be painting faces for a gold coin donation, so please feel free to pop down and say hello.

Have a good weekend!

**Archie Ritchie, Head Boy**



## UN Youth Model Parliament

Congratulations to Jasmine Crichton (Year 11) who was selected to participate in the 2019 Model Parliament, held in Christchurch recently.

*"Two weekends ago, I travelled up to Christchurch to partake in a three-day youth conference called Model Parliament. The conference was focused on New Zealand's parliamentary system.*

*We were each given a political party and electorate to represent and a select committee that we were a part of. The topic of the conference was constitutional reform and we all made amendments and debated a mock constitution bill from the standpoint of our party and electorate that we were representing.*

*Throughout the conference, we had various workshops on politics, the Treaty of Waitangi and policymaking. It was really engaging and an awesome opportunity to learn more about the NZ Parliament. The event was run by UN Youth who organise many conferences like this throughout NZ. I would strongly encourage everyone to participate in their events as they are really fun and super interesting."*  
Jasmine Crichton, Year 11.



**Ruth Needham, FRND Ako Teacher**

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### Snowsports - Winter Games

Well done to the following students who have achieved awesome results at Winter Games events:

Alice Robinson - Womens Giant Slalom 2nd place. Womens Super G - 1st place  
Ruby Andrews- Womens Ski Slopestyle 2nd place. Womens Ski Half Pipe 16th place

### Winter Tournament Week current results at time of publishing:

Golf - New Zealand Secondary School Golf Finals

WHS Team finished in 9th place overall. Liam Judkins played well to place T13 overall in the individual category with rounds of 75 & 78. Nico Cheifetz also played well with a great first round of 75 that was well below his handicap.

Special mention to ex student Callum Judkins who won the Queenstown Open in a playoff over the weekend, beating out strong opposition from all over the South Island.

### Ice Hockey - South Island Secondary School Ice Hockey Champs

The junior Ice hockey team finished undefeated in the B Grade. With the B Grade MVP award going to Forward Tallulah Bryant. While the senior team finished undefeated in the A grade. The A-Grade top Goalie award went to Jake Pankhurst, A Grade MVP Forward player to Jacko Flight and A Grade Top point scorer to Jack Robbie. Well done!



### Netball - South Island Secondary School Netball Champs

The senior A Netball won their semi final match 31-24 vs Ellesmere College and their Finals match 32-27 against Cashmere College. Finishing up 21st in A-Grade.

### Rugby - Rural Livestock Junior Rugby Tournament

The U15 Boys Rugby team finished up in 3rd place in division 2. A solid result after a successful season for the boys. Special mention to Connor McIsaac, Matt Attenborough, Paula Lafo'ou and Max Frew for their player of the match performances through the tournament.

### Football - Jim Wishart Tournament

The WHS First XI Football team made it into the Jim Wishart Tournament Final Trophy match, finishing in 2nd place 3-0 to Shirley Boys after a string of successful performances.



## Wakatipu High School FOUNDATION

## LOOKING FORWARD - GIVING BACK

The WHS Foundation is having a very real and positive impact in our school community, funding the school approx \$200,000 per year and raising over \$1.4 million dollars for Wakatipu High School since 2013.

### FOCUS 2019



### AWHI FUND

We understand that on occasion, families may need assistance in meeting the costs of various aspects of school life.

Supported by the WHS Foundation, WHS operates the Awahi Fund, named for the Maori word for 'help'. This fund is designed to assist families cover the costs of almost any aspect of school life, such as uniform, fees, 'BYOD' devices, camps and school/extra-curricular trips.

If you would like to get more information about Awahi, please contact a school Guidance Counsellor to arrange a confidential meeting.

### BECOME A BUSINESS PARTNER

The success of the WHS Foundation depends on the strength of its partnerships with community and business leaders. The WHS Foundation business partnership program works with a dynamic group of local companies and professionals who recognise that an exceptional high school offering a great "all-round" education is key to retain families in the region, develop the future employees and entrepreneurs of the Wakatipu Basin and strengthen our local community. Interested in being a part of it? Contact our Executive Officer on [wakatipuhsfoundation@gmail.com](mailto:wakatipuhsfoundation@gmail.com) or 022 327 9397

## THANKS TO OUR BUSINESS PARTNERS!

### PLATINUM PARTNERS



### GOLD PARTNERS



### ASSOCIATE PARTNERS



### PARTNERS

Adventure Group	Kinloch Lodge
Affleck O'Meara	KJet
Anderson Lloyd	Lakes Weekly Bulletin
Bridgestone Tyrecentre	Lane Neave
Black ZQN	McCulloch & Partners
Cavell Leitch	Mitre 10 Mega
Cookie Time	NZSKI
Craigs Investment Partners	Pacific Travel Planners
Crowne Howarth	Placemakers
Deloitte Queenstown	Remarkable Park Town Centre
Flame Bar & Grill	Trinity Development
Goldfields Jewellers	Westwood Group Holdings
Highlands Game Over	

# WHS Mobile App

## Upcoming events and important dates now available on the WHS App Calendar



You can now get information on our important upcoming events on the 'Calendar' section of our WHS App. It's free to download and use for iOS and Android devices. Once you have the app on your smartphone or tablet, simply hit 'Calendar' to view important upcoming events. You can also tap on the three bars in the top left to bring up the menu, then use the 'Alert Subscriptions' option to select what groups, years, or subjects apply to you. The WHS App is recommended for both students and parents.

### Push Notifications

The app allows you to select alert groups so that you only get notifications relevant to you such as:

- Whole School information alerts
- Sports and activities reminders
- Year level events
- House announcements
- Buses updates, such as lateness or breakdowns

This feature will help ensure that you receive only messages that are applicable to you.

### Other Features

The app also gives you quick links to:

- Report your child's absence
- Log into the WHS Portal
- Access the school notices
- Read the latest newsletter
- Quick link to the school website
- Check upcoming calendar events
- Contact the school

Date	Event	Who
Thursday 12 September	Senior Next Steps	Senior Students
Wednesday 18 September	Branches Camp Information Evening	Year 10 Students and Parents



**SATURDAY 21ST  
SEPTEMBER 1:00PM**

**AT THE WAKATIPU  
YACHT CLUB**

**GIVE IT**

**A GO!!**

**YOU WILL NOT BE  
SAILING THIS BOAT**

**SMALL COST OF \$5.00**

**FOR MORE INFO EMAIL:  
16agordon@wakatipu.school.nz**

# CHARITY FASHION SHOW

Wednesday 18th September 7:30pm

\$30

Armoury - The Landing

All proceeds to The Salvation Army  
Tickets available from Armoury or  
[president.queenstown@altrusa.org.nz](mailto:president.queenstown@altrusa.org.nz)



**ARMOURY**  
FASHION ROUTINE



# BRAIN LAB FOR KIDS



**OCTOBER 3<sup>RD</sup>**  
**10AM – 3PM**

**ALEXANDRA I-SITE**  
**VISITOR INFORMATION CENTRE**

*Learn about the amazing things your brain can do*  
*Meet real life brain scientists*  
*Try brain games and experiments*



Brain Research  
NEW ZEALAND  
Rangahau Roro Aotearoa





QUEENSTOWN ICE SKATING CLUB

Presents  
**TV THEMES**  
**STARS ON ICE**

QUEENSTOWN ICE ARENA  
Saturday, 12th October 2019  
EVENING SHOW 6.30PM - doors open at 5.30pm

**\$20 PER ADULT**  
**\$12 CHILD/STUDENT**  
**\$60 FAMILY**  
TICKETS AVAILABLE VIA FACEBOOK STARS ON ICE

**CAST & JAMES**  
Lorraine Kinnear, James  
Chief Executive

**ELANE & RASHI**  
Lorraine Kinnear, Rashi  
Queenstown Ice Arena

**FREYA & COOK**  
Freya, Cook  
Queenstown Ice Arena

**JAY & LEXI**  
Jay, Lexi  
Queenstown Ice Arena

**JOSIA & PENE**  
Josia, Pene  
Queenstown Ice Arena

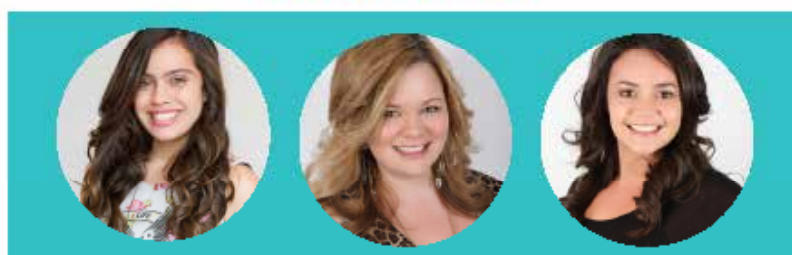
**MARI & JENNA**  
Mari, Jenna  
Queenstown Ice Arena

**REBEKA & CALLUM**  
Rebeka, Callum  
Queenstown Ice Arena

**SHAWN & CAROL**  
Shawn, Carol  
Queenstown Ice Arena

Central Lakes Trust, RD, Chef Brendan, Warehouse, BUNGY, RTBS, Harcourts, MTG Finance, COLGARD, Uniform, RMT, COLGARD, RTBS, Harcourts

## TEENAGE GIRLS DAY OUT



### Sustainable Confidence from the Inside Out

This course is designed to help create confidence from within, learn techniques to help make the most of yourself, build self-esteem and confidence from the inside.

This course also incorporates our Crew Stylists workshop with their fabulous styling skills. Our dedicated and talented team of hair and makeup specialists bring fresh ideas and new techniques.

"Looking great and feeling fantastic is what we are all about!"

Proudly supporting local Wakatipu Youth Trust

Limited tickets available online at [www.collectivecourses.co.nz](http://www.collectivecourses.co.nz)

\$180 includes hairstyle, makeup and photography.

**Hair - Makeup - Photography - Confidence**

For more information contact Deborah Coburn.

P 027 620 8888 • [info@collectivecourses.co.nz](mailto:info@collectivecourses.co.nz) • [www.collectivecourses.co.nz](http://www.collectivecourses.co.nz)

SKYCITY MEETING ROOM, STRATTON HOUSE  
9.30am to 4.30pm, Monday 30 September 2019

**Collective  
Courses**

STILL VISION PHOTOGRAPHY  
YOUR SHOTS, YOUR STYLE

**crew**  
STYLISTS



EXCITING . EVOCATIVE . EXPRESSIVE

# THE KUGELS PLAY KLEZMER

SUNDAY 8 SEPTEMBER | 7.30PM

Type to enter text

ARROWTOWN COMMUNITY CENTRE  
JACK REID PARK

TICKETS AVAILABLE FROM [WWW.EVENTFINDA.CO.NZ](http://WWW.EVENTFINDA.CO.NZ)

\$30 pp (ACAS members \$25)

SAVOURY SNACKS INCLUDED AND CASH BAR AVAILABLE

[WWW.ACAS.NZ](http://WWW.ACAS.NZ)

ACAS  
Arrowtown Creative Arts Society



# Enoque Cafe n Bar

ANY SIZE

COFFEE OR HOT CHOCOLATE

\$3




Terms and Conditions applies: Valid for Wakatipu High School Staffs and Students only. To claim please present ID prior to order. Not valid in conjunction to any other on going promotions, discounts and vouchers. Not valid on public holidays. Valid until further notice.





"Dr Stress" Presents...

## RESILIENCE UNDER PRESSURE

(Learn Skills for Everyday Life)

 Monday 9 SEPTEMBER

 7pm - 8.30pm

 **FREE OF CHARGE**

 **Copthorne Hotel**  
Cnr Frankton Road &  
Adelaide Street  
**QUEENSTOWN**

*Understand why we cannot stop anxious thoughts, or depressive spirals with words.*

*Discover strategies to lift the pressure from your mind and body.*

*Re-boot your life with tricks and tools to help your system deal with "Fight and Flight" responses.*

*Learn the Five "P's" and many more tools to defeat anxiety and depression over time. Relax and celebrate life!*

PRESENTED BY DR JOHN MCEWAN  
WWW.DRSTRESS.CO.NZ

**You MUST register for this session,**  
please phone Southern REAP on  
0800 111 117 or email enquiries@reap.co.nz




Southern REAP Inc




"Dr Stress" Presents...

## BUILDING RESILIENCE IN YOUR WORKPLACE

(Survival Guide for Professionals)

 Monday 9 SEPTEMBER

 9.30am - 12.30pm

 \$20 per person

 **Copthorne Hotel**  
Cnr Frankton Road &  
Adelaide Street  
**QUEENSTOWN**

*This workshop focuses on resilience building strategies that can be applied in the workplace and within your team.*

*Learn basic "things to do" to keep ourselves as safe as possible from the impact of pressure on our health and our relationships.*

*Stress Management means application of the "S P's" - learn how to apply these in the workplace and to cope better with our daily work pressures.*

*Build resilience before you implode!*

PRESENTED BY DR JOHN MCEWAN  
WWW.DRSTRESS.CO.NZ

**You MUST register for either of these sessions,**  
please phone Southern REAP on  
0800 111 117 or email enquiries@reap.co.nz



Southern REAP Inc





# WALK FOR THE ONES YOU LOVE



Major Sponsor

ESTÉE  
LAUDER  
COMPANIES

Radio  
Sponsor



Supporting  
Partner



13 October 2019  
Botanic Gardens,  
Queenstown  
5km, 10km

Sign up at  
[pinkstarwalk.co.nz](http://pinkstarwalk.co.nz)

Early bird  
tickets from  
**\$35**  
offer ends 06 Sep.

## Queenstown Primary School *Annual Quiz Night*

# RUGBY WORLD CUP FEVER

**\$150  
FOR A  
TABLE  
OF SIX**

FRIDAY 20 SEPTEMBER  
7:00 - 11:00PM  
QPS SCHOOL HALL

COME DRESSED AS YOUR  
FAVOURITE TEAM FROM  
ANY SPORT AND TEST  
YOUR GENERAL KNOWLEDGE  
(NOT JUST SPORTING QUESTIONS!)

Tickets available from the  
QPS School Office OR  
QPS SCHOOL SHOP

# Superheroes in the Spotlight

Workshop for children over 10 years old, teenagers and parents presented by **Steph Holloway** (*Elemental Potential*) providing all participants with tools that can be used in any challenging/stressful situation in life, from school band performances to job interviews.

## The participants will learn how to:

- change negative self-talk
- use routines and body postures to your advantage before performing
- trick your mind using body language
- learn from failure in a positive way
- (the parents) support the children and set them up for success

## Who will benefit:

- Sport team members, races, runs and other individual sports participants
- Instrument players, singers, school band members
- Ballet dancers, theatre actors
- High school students
- Students presenting in front of peers and larger audiences

Adults \$20 at the door

Children free (must be accompanied by an adult)

**Arrowtown Primary School Hall**

**Saturday 14th September 2pm-3:30pm**

For more info contact Kinga at *Kinga Krupa Music*:

021 084 37037

info@kingakrupamusic.com

Kinga Krupa Music

@kingakrupamusic

Kinga Krupa  
Music



**SECONDARY  
SCHOOLS  
CROSS  
COUNTRY  
SKI  
CHAMPS**

**RACE  
START  
10.00  
AM**

**SAT  
14TH  
SEP**

**SNOW FARM**  
NEW ZEALAND

FOR MORE INFORMATION, CONTACT [PIP@SNOWFARMNZ.COM](mailto:PIP@SNOWFARMNZ.COM)



# DIVE IN MOVIE

**FRIDAY 20 SEPTEMBER - 6.00-9.00PM AT  
THE ALPINE AQUALAND LEISURE POOL**

## Special Prices

2x Adults + 1 Child = \$10  
1x Adult + 2-3 Children = \$10  
1x Child = \$3  
1x Child Hydroslide = \$4

For Children aged  
6 and Over

## Food Sales

Popcorn/ Lollies /  
Drinks for sale at  
the door.



Disney • PIXAR  
**MONSTERS, INC.**

Tickets will be available for pre-sale at Queenstown  
Events Centre from Monday 2 September.

Fundraiser for the  
WHS Aspen Sister  
City Exchange  
Students



**Alpine Aqualand**  
QUEENSTOWN LAKES DISTRICT COUNCIL

Queenstown Events Centre  
Joe O'Connell Drive, Frankton  
T 03450 9005 | E [aqdc@qdc.govt.nz](mailto:aqdc@qdc.govt.nz)

REMARKABLE THEATRE & CREEKSYDE PRESENT

# ONE MAN TWO GUVNORS



IT'S  
FALL  
OVER  
FUNNY

WRITTEN BY  
RICHARD BEAN  
DIRECTED BY  
DEB LIND

## 12-21 SEPTEMBER

ARROWTOWN ATHENAEUM HALL  
BOOK TICKETS AT [EVENTFINDA.CO.NZ](http://EVENTFINDA.CO.NZ)

